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DEPARTMENT OF GENERAL MEDICINE
THEORY SCHEDULE FOR THE MONTH OF SEPTEMBER 2026
FINAL YEAR MBBS BATCH OF 2023

Date	Day	Topic	Competency Number	Time	Teaching Learning Methods	Faculty	Presenter
08.09.2026	Tuesday	Pathophysiology & Genetic Basis of Connective Tissue Disorder	IM 7.1, 7.2	8.00am - 9.00am	SDL	Dr. Prejith	Swasthika, Uthraa
09.09.2026	Wednesday	Clinical Approach to joint pain based on pathophysiology - acute, subacute and chronic causes of joint pain	IM7.3, 7.5	8.00am - 9.00am	Lecture	Dr. Aravindhan	
11.09.2026	Friday	Discriminate, describe and discuss arthralgia from arthritis and mechanical from inflammatory causes of joint pain. Discuss the difference between articular from periarticular complaints.	IM 7.6,7.7,7.8	2.00pm - 4.00pm	Seminar	Dr. Sravya	
12.09.2026	Saturday	Rheumatoid Arthritis - pathophysiology and Clinical features	IM 7.8, 7.13,7.14	9.00am - 10.00am	Lecture	Dr. Glennys	
15.09.2026	Tuesday	Rheumatoid Arthritis - Diagnosis, Complications and Management	IM 7.8, 7.13,7.14, 7.15	8.00am - 9.00am	Lecture	Dr. Vasanthi	
16.09.2026	Wednesday	Scleroderma - pathophysiology, clinical features, diagnosis, complications and management	IM 7.8, 7.13,7.14,7.15	8.00am - 9.00am	Lecture	Dr. R. P. Swaminathan	

18.09.2026	Friday	SLE - pathophysiology, clinical features, diagnosis, complications and management	IM 7.9, 7.14, 7.15	2.00pm - 4.00pm	Lecture	Dr. Kailash	
19.09.2026	Saturday	Psoriatic arthritis - clinical features, diagnosis, complications and management	IM 7.8, 7.13, 7.14, 7.15	9.00am - 10.00am	Lecture	Dr. Joseph Vimal	
21.09.2026	Monday	Internal Assessment			8.00am - 10.00am		
22.09.2026	Tuesday	Ankylosing spondylitis - clinical features, diagnosis, complications and management	IM 7.8, 7.13, 7.14, 7.15	8.00am - 9.00am	Lecture	Dr. Jithin	
23.09.2026	Wednesday	Reactive arthritis - clinical features, diagnosis, complications and management	IM 7.8, 7.13, 7.14, 7.15	8.00am - 9.00am	SDL	Dr. Nayyar Iqbal	

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04.09.2026	Friday	Define and classify diabetes	IM 11.1	1:00pm - 2:00pm	Lecture	Dr. Johnson
05.09.2026	Saturday	Describe and discuss the epidemiology and pathogenesis and risk factors and clinical features of Type 1 & Type 2 Diabetes	IM 11.2, 11.3	11:15am - 1:15pm	Lecture	Dr. Aravindkumar
07.09.2026	Monday	Describe and discuss the genetic background and the influence of the environment on diabetes - MODY & LADA	IM 11.4	2.00pm - 4.00pm	Lecture	Dr. Vasanthi N
11.09.2026	Friday	Describe and discuss the pathogenesis and clinical features of microvascular and macrovascular complications of diabetes	IM 11.5	1:00pm - 2:00pm	SDL	Dr. R P Swaminathan
12.09.2026	Saturday	Management of Diabetes Mellitus - Oral anti diabetic drug (Classification, Mechanism of action, dosage, frequency and Side effects)	IM 11.18	11:15am - 1:15pm	Lecture	Dr. Kailash. C
18.09.2026	Friday	Describe and discuss the pathogenesis and precipitating factors, recognition and management of diabetic emergencies - DKA, Hyperosmolar non ketotic state, Hypoglycemia	IM 11.16, 11.17	1:00pm - 2:00pm	Lecture	Dr. Indira
19.09.2026	Saturday	Management of Diabetes Mellitus - Insulin (Classification, Mechanism of action, dosage, frequency and Side effects)	IM 11.18	11:15am - 1:15pm	SDL	Dr. Sravya

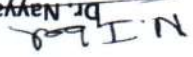
21.09.2026	Monday	Describe and discuss the physiology of the hypothalamopituitary - thyroid axis, principles of thyroid function testing and alterations in physiologic function	IM 12.2	2.00pm - 4.00pm	Lecture	Dr. Vikas Raj
25.09.2026	Friday	Management of Complication & prevention of Diabetes - Retinopathy, Nephropathy, Neuropathy, CAD, PVD	IM 12.3	1:00pm - 2:00 pm	SDL	Dr. Aravindhan
26.09.2026	Saturday	Describe and discuss the genetic basis of some forms of thyroid dysfunction	IM 12.1	11:15am - 1:15pm	Lecture	Dr. Glennys
28.09.2026	Monday	Describe the epidemiology, pathogenesis and Clinical Features of hypothyroidism and hyperthyroidism. Influence iodine deficiency and autoimmunity in the pathogenesis of thyroid disease	IM 12.12, 12.13	2.00pm - 4.00pm	Lecture	Dr. Joseph Vimal

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DEPARTMENT OF GENERAL MEDICINE
CLINICAL SCHEDULE FOR THE MONTH OF SEPTEMBER 2026
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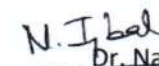
Date	Day	Timings	Topic	Teaching Learning Methods	Hours taken	Faculty 1	Faculty 2
B - BATCH							
07.09.2026	Monday	10.15am - 1.00pm	Auscultation of CVS (Heart sounds and added sounds)	Clinical	2hrs 45 min	Dr. R. P. Swaminathan	
08.09.2026	Tuesday	09.15am - 12.00pm	Auscultation of CVS(murmurs)	Clinical	2hrs 45 min	Dr. Indra	
09.09.2026	Wednesday	09.15am - 12.00pm	Inspection of RS	Clinical	2hrs 45 min	Dr. Aravindku	
10.09.2026	Thursday	09.15am - 12.00pm	Palpation of RS	Clinical	2hrs 45 min	Dr. Aravindhan	
11.09.2026	Friday	09.15am - 12.00pm	Percussion of RS	Clinical	2hrs 45 min	Dr. Suganthi	
15.09.2026	Tuesday	09.15am - 12.00pm	Auscultation of RS	Clinical	2hrs 45 min	Dr. Kailash	
16.09.2026	Wednesday	09.15am - 12.00pm	Inspection of Abdomen	Clinical	2hrs 45 min	Dr. Hemash	
17.09.2026	Thursday	09.15am - 12.00pm	Palpation of Abdomen	Clinical	2hrs 45 min	Dr. Johnson	
18.09.2026	Friday	09.15am - 12.00pm	Percussion of CVS	Clinical	2hrs 45 min	Dr. Sravya	
21.09.2026	Monday	10.15am - 1.00pm	Percussion & Auscultation of Abdomen	Clinical	2hrs 45 min	Dr. Jithin	

22.09.2026	Tuesday	09.15am - 12.00pm	Inspection of RS	Clinical	2hrs 45 min	Dr. Vijay Kumar
23.09.2026	Wednesday	09.15am - 12.00pm	Palpation of RS	Clinical	2hrs 45 min	Dr. Namiya Jose
24.09.2026	Thursday	09.15am - 12.00pm	End of Posting	Clinical	2hrs 45 min	Designated Faculty Dr. Suganthi
25.09.2026	Friday	09.15am - 12.00pm	End of Posting	Clinical	2hrs 45 min	Designated Faculty Dr. Jithin
A - BATCH						
21.09.26	Monday	10.15am - 1.00pm	ABG (VR Lab)	Skill Lab	2hrs 45 min	Dr. Kailash
22.09.26	Tuesday	09.15am - 12.00pm	Cardiac Auscultation (MEU)	Skill Lab	2hrs 45 min	Dr. Kailash
23.09.26	Wednesday	09.15am - 12.00pm	ECG (VR Lab)	Skill Lab	2hrs 45 min	Dr. Aravindh
24.09.26	Thursday	09.15am - 12.00pm	Management of Cardiac arrest (BLS) (MEU)	Skill Lab	2hrs 45 min	Dr. Aravindh
25.09.26	Friday	09.15am - 12.00pm	Assessment of ABG and ECG at VR Lab	Skill Lab	2hrs 45 min	Dr. Svarya
28.09.26	Monday	10.15am - 1.00pm	Auscultation of CVS (Heart sounds and added sounds)	Clinical	2hrs 45 min	Dr. R P Swaminathan
29.09.26	Tuesday	09.15am - 12.00pm	Auscultation of CVS (murmurs)	Clinical	2hrs 45 min	Dr. Ch. Indira Priyadarshini
30.09.26	Wednesday	09.15am - 12.00pm	Inspection of RS	Clinical	2hrs 45 min	Dr. Kailash
						Dr. Johnson


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 Department of General Medicine

DEPARTMENT OF GENERAL MEDICINE
PANDEMIC MODULE SCHEDULE FOR THE MONTH OF SEPTEMBER 2026
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Date	Day	Topic	Competency Number	Time	Teaching Learning Methods	DEPARTMENT	Faculty
02.09.26	Wednesday	Introduction		1.00PM - 2.00PM	Lecture	General Medicine	Dr. Nayyar Iqbal
09.09.26	Wednesday	Endemic, Epidemic and Pandemic	4.1	1.00PM - 2.00PM	Lecture	General Medicine	Dr. Aravindkumar
16.09.26	Wednesday	Triage - Definition and its importance	4.1	1.00PM - 2.00PM	Lecture	Emergency Medicine	Dr. Achu (Mr. Bala)
23.09.26	Wednesday	Triage - Case Discussion	4.1	1.00PM - 2.00PM	Lecture	Emergency Medicine	Dr. Sivaraman
30.09.26	Wednesday	Droplet Infection - Case Based Discus	4.1	1.00PM - 2.00PM	Lecture	Pulmonary Medicine	Dr. Thannushree


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